



# VIDAN FAMILY CHIROPRACTIC

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home # ( ) \_\_\_\_\_ Work # ( ) \_\_\_\_\_ Cell # ( ) \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Email address: \_\_\_\_\_  I give permission for VFC to contact me by email.

Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_

Single  Married  Divorced  Partnered  Widowed

Spouse/Partner's Name \_\_\_\_\_ # of children \_\_\_\_\_

Women only: Are you pregnant or nursing?  Yes  No

Is this visit related to an accident/injury?  Yes  No If yes, what was the date? \_\_\_\_\_

***CMS (Centers for Medicare and Medicaid Services) requires providers to report both race and ethnicity***

**Race (MUST Circle one):** American Indian or Alaska Native / Asian / Black or African American / White (Caucasian) / Native Hawaiian or Pacific Islander / Other / I Decline to Answer

**Ethnicity (MUST Circle one):** Hispanic or Latino / Not Hispanic or Latino / I Decline to Answer

**Preferred Language:** \_\_\_\_\_

**Smoking Status (Circle one):** Every Day Smoker / Occasional Smoker / Former Smoker / Never Smoked

**Are you currently taking any medications?** (Please include regularly used over the counter medications)

| Medication Name | Dosage (i.e. 5mg) | Frequency (i.e. once a day) |
|-----------------|-------------------|-----------------------------|
|                 |                   |                             |
|                 |                   |                             |
|                 |                   |                             |

**Do you have any medication allergies?**

| Medication Name | Reaction | Onset Date | Additional Comments |
|-----------------|----------|------------|---------------------|
|                 |          |            |                     |
|                 |          |            |                     |
|                 |          |            |                     |

**Please check all conditions you have currently or have had in the past, even if they do not seem related to your current problem.**

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> AIDS/HIV             | <input type="checkbox"/> Allergies                         | <input type="checkbox"/> Anemia                         | <input type="checkbox"/> Anorexia/Bulimia    |
| <input type="checkbox"/> Appendicitis         | <input type="checkbox"/> Arthritis                         | <input type="checkbox"/> Asthma                         | <input type="checkbox"/> Autoimmune Problems |
| <input type="checkbox"/> Bleeding Disorder    | <input type="checkbox"/> Bowel Disease (IBS, Crohn's, etc) | <input type="checkbox"/> Bronchitis                     | <input type="checkbox"/> Cancer: _____       |
| <input type="checkbox"/> Depression           | <input type="checkbox"/> Diabetes                          | <input type="checkbox"/> Emphysema                      | <input type="checkbox"/> Epilepsy            |
| <input type="checkbox"/> Fractures            | <input type="checkbox"/> Heart Disease                     | <input type="checkbox"/> Hernia                         | <input type="checkbox"/> Herniated Disc      |
| <input type="checkbox"/> High Cholesterol     | <input type="checkbox"/> Kidney Disease                    | <input type="checkbox"/> High Blood Pressure            | <input type="checkbox"/> Low Blood Pressure  |
| <input type="checkbox"/> Migraine Headache    | <input type="checkbox"/> Miscarriage                       | <input type="checkbox"/> Multiple Sclerosis             | <input type="checkbox"/> Osteoporosis        |
| <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Liver Disease/Hepatitis           | <input type="checkbox"/> Pneumonia                      | <input type="checkbox"/> Prostate Problems   |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Scoliosis                         | <input type="checkbox"/> Stroke                         | <input type="checkbox"/> Thyroid Problems    |
| <input type="checkbox"/> Tuberculosis         | <input type="checkbox"/> Ulcers                            | <input type="checkbox"/> Urinary Tract Infections       | <input type="checkbox"/> Whiplash            |
| <input type="checkbox"/> STD                  | <input type="checkbox"/> Psychiatric Problems              | <input type="checkbox"/> Alcoholism/Chemical Dependency |  |

**Please check all conditions all conditions for which you have an IMMEDIATE (parent, sibling, child) family history, even if they do not seem related to your current problem. Please list the family member.**

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> AIDS/HIV             | <input type="checkbox"/> Allergies                         | <input type="checkbox"/> Anemia                         | <input type="checkbox"/> Anorexia/Bulimia    |
| <input type="checkbox"/> Appendicitis         | <input type="checkbox"/> Arthritis                         | <input type="checkbox"/> Asthma                         | <input type="checkbox"/> Autoimmune Problems |
| <input type="checkbox"/> Bleeding Disorder    | <input type="checkbox"/> Bowel Disease (IBS, Crohn's, etc) | <input type="checkbox"/> Bronchitis                     | <input type="checkbox"/> Cancer: _____       |
| <input type="checkbox"/> Depression           | <input type="checkbox"/> Diabetes                          | <input type="checkbox"/> Emphysema                      | <input type="checkbox"/> Epilepsy            |
| <input type="checkbox"/> Fractures            | <input type="checkbox"/> Heart Disease                     | <input type="checkbox"/> Hernia                         | <input type="checkbox"/> Herniated Disc      |
| <input type="checkbox"/> High Cholesterol     | <input type="checkbox"/> Kidney Disease                    | <input type="checkbox"/> High Blood Pressure            | <input type="checkbox"/> Low Blood Pressure  |
| <input type="checkbox"/> Migraine Headache    | <input type="checkbox"/> Miscarriage                       | <input type="checkbox"/> Multiple Sclerosis             | <input type="checkbox"/> Osteoporosis        |
| <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Liver Disease/Hepatitis           | <input type="checkbox"/> Pneumonia                      | <input type="checkbox"/> Prostate Problems   |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Scoliosis                         | <input type="checkbox"/> Stroke                         | <input type="checkbox"/> Thyroid Problems    |
| <input type="checkbox"/> Tuberculosis         | <input type="checkbox"/> Ulcers                            | <input type="checkbox"/> Urinary Tract Infections       | <input type="checkbox"/> Whiplash            |
| <input type="checkbox"/> STD                  | <input type="checkbox"/> Psychiatric Problems              | <input type="checkbox"/> Alcoholism/Chemical Dependency |  |

List any non-medication allergies you currently have: \_\_\_\_\_

List any surgeries you have had and the date: \_\_\_\_\_

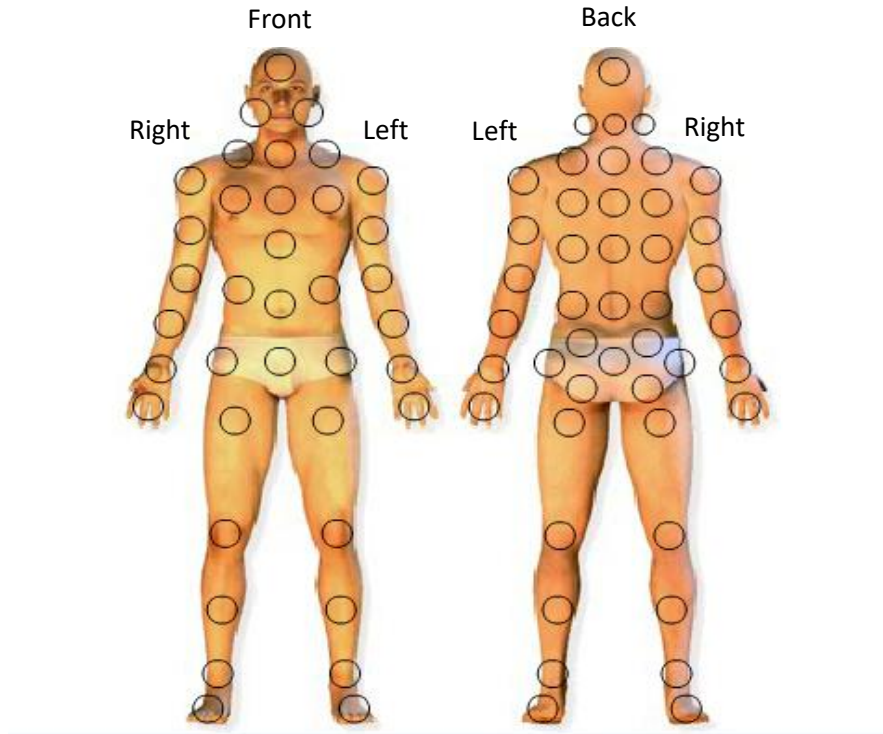
**Choose one of the following**—A clinical summary includes your demographics and diagnosis codes and does not change from visit to visit.

- I want to receive my clinical summary after every visit, which means I will be signed up for the online patient portal. *(If you would like to receive these summaries, please provide an email address.)*
- I do not want to receive my clinical summary after every visit.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

Mark an X on your areas of discomfort.



How would you rate the level of discomfort right now on a scale of 0-10 with 0 being no pain and 10 being the worst possible pain (Circle One)?

No Pain Extreme Pain  
0 1 2 3 4 5 6 7 8 9 10

What is the frequency of the discomfort you are feeling? (Circle One)

None of the time All of the time  
0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

How would you rate the discomfort *at its worst*? (Circle One)

No pain Extreme Pain  
0 1 2 3 4 5 6 7 8 9 10

How would you rate the discomfort *at its best*? (Circle One)

No pain Extreme Pain  
0 1 2 3 4 5 6 7 8 9 10

When did the discomfort begin?

At the time of the accident  A few hours after the accident  A few days after the accident

Since the problem began, have the symptoms been getting better, worse, or have they been relatively unchanged? (Circle One)

Better      Worse      Unchanged

What makes the discomfort worse? (Check all that apply)

- Bending       Carrying       Chewing       Cleaning       Cooking       Coughing       Driving
- Exercising       Gardening       Lifting       Lying Down       Medications       Pulling       Pushing
- Running       Sitting       Sleeping       Sneezing       Standing       Stretching       Turning
- Twisting       Typing       Walking       Working       Other \_\_\_\_\_

What relieves the discomfort? (Check all that apply)

- Adjustments       Bending       Eating       Exercising       Ice       Lying Down       Medications
- Resting       Running       Sitting       Sleeping       Standing       Stretching       Turning
- Twisting       Walking       Working       Other \_\_\_\_\_

How would you describe the discomfort? (Check all that apply)

- Aching       Burning       Deep       Dull       Frequent       Intense       Numb
- Random       Sharp       Shooting       Throbbing       Tingling       Tightness
- Mild       Moderate       Severe       Other \_\_\_\_\_

When is the discomfort at its worst? (Check One)

- In the morning       In the afternoon       In the evening       Just before bed

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## Acknowledgement for Consent to Use and Disclosure of Protected Health Information

### Use and Disclosure of your Protected Health Information

Your Protected Health Information will be used by Vidan Family Chiropractic or may be disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of this office.

### Notice of Privacy Practices

You should review the Notice of Privacy Practices for a more complete description of how your Protected Health Information may be used or disclosed. It describes your rights as they concern the limited use of health information, including your demographic information, collected from you and created or received by this office.

### Requesting a Restriction on the Use or Disclosure of Your Information

- You may request a restriction on the use or disclosure of your Protected Health Information.
- This office may or may not agree to restrict the use or disclosure of your Protected Health Information.
- If we agree to your request, the restriction will be binding with this office. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the federal privacy standards.

### Notice of Treatment in Open or Common Areas

Treatment is given in semi-private areas. Private rooms are available upon request.

### Revocation of Consent

You may revoke this consent to the use and disclosure of your Protected Health Information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

### Office Policies

1. **Cell Phone Policy** – Please help us to keep a peaceful, relaxing environment by refraining from cell phone use in our office. If you must take a call, please step either outside the building or into the hallway. Please use headphones or silence your device while watching videos or playing games. \_\_\_\_\_ (Initials)
2. **Severe Weather** - The office may close in the event of severe weather. In case of extreme weather conditions please call first to be sure the office is open, or you can check our Facebook page.
3. **Insurance** – Verification of your insurance benefits is not a guarantee of payment. You will be responsible for any unpaid balance. If we submit your insurance claims, the amount due will be based upon our best estimate according to the information provided us by your insurance company. If claims process differently than expected, we will update your amount due according to the information provided on your insurance company's Explanation of Benefits. All co-payments are due at the time of service. You will be refunded any overpayments. \_\_\_\_\_ (Initials)

By my signature below I give my permission to use and disclose my health information and agree to office policies.

Patient Name (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**I have received a copy of the Notice of Patient Privacy Policy. \_\_\_\_\_ Patient Initials**

## Informed Consent

Patient Name: \_\_\_\_\_

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

### The nature of the chiropractic adjustment.

The primary treatment I use as Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible “pop” or “click,” much as you have experienced when you “crack” your knuckles. You may feel a sense of movement.

### Analysis/Examination/Treatment

As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

(Initial the statement below OR initial each procedure to which you are consenting)

*I consent to all of the procedures listed below*

If not consenting to all procedures, initial each procedure below to indicate consent:

|   |  |   |
|---|--|---|
| <input type="checkbox"/> <i>spinal manipulative therapy</i> | <input type="checkbox"/> <i>palpation</i>          | <input type="checkbox"/> <i>vital signs</i>                   |
| <input type="checkbox"/> <i>range of motion testing</i>     | <input type="checkbox"/> <i>orthopedic testing</i> | <input type="checkbox"/> <i>basic neurological testing</i>    |
| <input type="checkbox"/> <i>muscle strength testing</i>     | <input type="checkbox"/> <i>postural analysis</i>  | <input type="checkbox"/> <i>electrical muscle stimulation</i> |
| <input type="checkbox"/> <i>hot cold therapy</i>            | <input type="checkbox"/> <i>x-rays</i>             | <input type="checkbox"/> <i>Other (please explain)</i>        |

### The material risks inherent in chiropractic adjustment.

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications including but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

### The probability of those risks occurring.

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination and X-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare

and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

**The availability and nature of other treatment options.**

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- Hospitalization
- Surgery

If you choose to use one of the above noted “other treatment” options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The risks and dangers of remaining untreated.**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE. PLEASE CHECK THE APPROPRAITE BLOCK AND SIGN BELOW.**

**I have read [ ] or have had read to me [ ] the above explanation of the chiropractic adjustment and related treatment. I understand that prior to any procedure I have the right to discuss with the doctor and have my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.**

Dated: \_\_\_\_\_

Dated: \_\_\_\_\_

\_\_\_\_\_  
Patient's Name

A. Vidan, DC

\_\_\_\_\_  
Doctor's Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature of Parent or Guardian (if a minor)